

Be With Melinda

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Psalm Meditations Menu

Free

Psalm for the Veterans (2 min)

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A timeless tribute of breath and gratitude, honoring the courage and legacy of those who gave everything in service.

Psalm for the Caregivers (2 min)

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A heartfelt blessing for those who give endlessly, honoring the hidden labor and resilience of caregivers with sacred rest.

Psalm for Those Afflicted with Lyme Disease (3 min)

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A spiritual balm weaving lament with hope, offering tender strength and renewal for those living with the invisible struggle of Lyme.

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