

Coaching & Spiritual Guidance Agreement
Melinda Bernstein
(954) 901-1355

This agreement outlines the scope, expectations, and terms of our work together.

Scope of Services

Services may include:

- Clarifying relationship values, desires, and non-negotiables
- Exploring and healing emotional patterns
- Communication and conflict transformation skills
- Rituals and practices for personal and relational growth
- Spiritual guidance, including meditation and energy-based practices

Services are educational, supportive, and insight-oriented in nature.

Client Responsibility

You acknowledge that you are fully responsible for your physical, emotional, and mental well-being, as well as your decisions, actions, and results.

Coaching is a collaborative process and requires your active participation.

Session Structure

Sessions are held virtually and scheduled by mutual agreement. Each session is approximately 50 minutes.

No guarantees are made regarding specific outcomes.

Confidentiality

All information shared during sessions will be kept confidential, except where disclosure is required by law (including risk of harm to yourself or others).

Cancellations & Missed Sessions

At least 24 hours' notice is required to reschedule.

Late cancellations or missed sessions will be charged in full, except in cases of emergency or serious illness.

Fees & Payment

- \$120 per individual session
- \$180 for a package of three sessions

Payment is required at least 48 hours in advance unless otherwise agreed.

Accepted methods:

Venmo: Melinda-Bernstein

Zelle: 954-901-1355

All payments are non-refundable once services are rendered.

Disclaimer

Coaching and spiritual guidance are not a substitute for licensed psychotherapy, medical care, or legal advice.

If you are experiencing mental health concerns, you agree to seek appropriate licensed support.

Limitation of Liability

To the fullest extent permitted by law, you agree to release and hold harmless Melinda Bernstein from any liability, claims, or damages arising from your participation in coaching sessions.

Agreement

By engaging in services, you acknowledge that you have read, understood, and agreed to these terms.

Agreement & Signature

By signing below, you acknowledge that you have read, understood, and agree to the terms outlined in this agreement.

Client Name (Printed): _____

Client Signature: _____

Date: _____
